## Our vision for Physical Development at our school...

At Nyewood CE Infant School, children will enjoy learning a range of skills such as physical, personal and social. Children will apply these skills to lead a successful, happy and healthy lifestyle.

#### Children in our school will learn about...

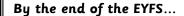
Children will learn about the knowledge and skills in physical development, including guidance from the 3 pillars from the Ofsted PE Research Review Series as follows:

- Motor competence knowledge of the range of movements that become increasingly sport specific and physical activity specific;
- Rules, strategies and tactics knowledge of the conventions of participation in different sports and physical activities;
- Healthy participation knowledge of safe and effective participation.

and active playtimes.

# Physical Development





All children will achieve the PD vision by working towards and meeting the school's PD knowledge and skills in line with the EYFS Early learning goals in Physical Development. This includes fine motor and gross motor skills. In addition, children will work on being imaginative and expressive, with a focus on dancing to music.

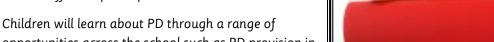
Children will have developed all of these skills though high-quality provision in their EYFS learning environment. Later in the school year, children will develop these skills through more structured, formal PD sessions for the whole class. This will help to prepare children for their transition and next stage of PD education in KS1.

## By the end of Key Stage 1...

All children will achieve the PD vision by working towards and meeting the school's PD knowledge and skills in line with the KS1 national curriculum. This includes agility and fitness, gymnastics, dance and games.

Children will see themselves as an athlete/ gymnast/ dancer/ sportsperson and will perform skills that show this.

Children will leave our school demonstrating the key attributes of good sportsmanship and transferrable skills, which can be applied in everyday life.



opportunities across the school such as PD provision in the learning environment, PD lessons, fitness times

## We enrich the curriculum in PD through...

Daily whole-school physical activities to contribute towards the required 60 minutes of physical activity per day.

The PD lead and staff liaising with experts and receiving high quality CPD, to support our school in the delivery of high-quality PD education.

Hold school events and clubs that help to provide a broader range of competitive opportunities.

## All children will have the opportunity to...

Participate in enjoyable and active opportunities, contributing towards their 60 minutes of required exercise per day.

Develop transferrable skills such as communication and teamwork so that they can excel in areas outside of physical development.

Develop positive attitudes towards PD so that they can become lifelong learners of physical development and education.