

# HAPPY NEW YEAR!



## BEE READY FOR THE BEES



### WE NEED TO HELP THE HIBERNATING BUMBLEBEES WHEN THEY EMERGE IN THE SPRING

Bumblebees that have been hibernating during the winter months use up important reserves of energy, stored as fat in their bodies. Once temperatures rise, bees emerge and need to feed on nectar from flowers to gain energy.

Look out for our 3D poster competition, where children can **WIN** a flower garden starter kit for their classroom!

Food  
**Super  
Heroes**



## FEEL SUPER WITH OUR FOOD SUPER HEROES!

### OUR FOOD SUPER HEROES ARE DESIGNED TO EDUCATE CHILDREN ABOUT FOOD AND NUTRITION IN A FUN AND ENGAGING WAY

Silvertop is supercharged and super strong. Just like milk, he is a source of calcium, which is what all children need to grow and build strong bones and teeth. We encourage them to drink plenty of milk, so they can feel super like Silvertop too.

## FOOD FOR THOUGHT

### YOUR FEEDBACK HELPS SHAPE EVERYTHING WE DO AT CHARTWELLS

Our mission is to make sure we feed children delicious, nutritious food to help them get the most out of their day. Please share your thoughts by filling out our short survey.

