

# WEEK 3

W/C: , 23/02, 16/03 06/04



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Veggie Bolognese</b> With Green Beans or Salad	<b>Cheese and Tomato Pizza</b> With Mixed Vegetables or Salad	<b>(N) Roast Chicken</b> With Roast Potatoes, Gravy, Carrots and Broccoli	<b>Traditional Beef Burger</b> With (N) Seasoned Potatoes, Sweetcorn or Salad	<b>(N) Fish Fingers</b> With Mash and Baked Beans or Salad
JACKET POTATO	<b>Macaroni Cheese</b> With Green Beans or Salad	<b>(N) Chicken Pasta</b> In a Creamy Tomato Sauce with Mixed Vegetables or Salad	<b>Quorn Sausages</b> With Roast Potatoes, Gravy, Carrots and Broccoli	<b>Veggie Balls in Tomato Sauce</b> With Wholegrain Rice, Sweetcorn or Salad	<b>Quorn Sausage Cowboy Pasta</b> With Baked Beans or Salad
DESSERT	<b>Jacket Potato</b> Baked Beans	<b>Jacket Potato</b> Salmon Mayo	<b>Jacket Potato</b> Cheese	<b>Jacket Potato</b> Veggie Bolognese	<b>Jacket Potato</b> Cheese
All main meals are served with two vegetables					
DESSERT	<b>Jammy Jack</b>	<b>Fresh Fruit and Yoghurt</b>	<b>Banana Marble Cake</b>	<b>Vanilla Sponge</b>	<b>(N) Chocolate Mousse</b>

# THREE WEEK MENU

AUTUMN/WINTER 2024



Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

 **Chartwells**  
Schools

# WEEK 1

W/C: , 09/02, 02/03, 23/03



# WEEK 2

W/C: , 16/02, 09/03, 30/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese ✓ With Green Beans or Salad	Sausages and Mash Pork and Beef Sausages with Mixed Vegetables and Gravy	(N) Roast Chicken With Roast Potatoes, Gravy, Carrots and Broccoli	Cheese and Tomato Pizza ✓ With Peas or Salad	(N) Fish Fingers With Chips & Baked Beans or Salad
	Vegetable Masala ✓ With Wholegrain Rice, Green Beans or Salad	Creamy Cheese and Tomato Pasta ✓ With Mixed Vegetables or Salad	Quorn Sausages ✓ With Roast Potatoes, Gravy, Carrots and Broccoli	BBQ Chicken With Rice, Peas or Salad	Veggie Nuggets ✓ With Chips and Baked Beans or Salad
JACKET POTATO	Jacket Potato ✓ Baked Beans	Jacket Potato ✓ Veggie Bolognese	Jacket Potato ✓ Cheese	Jacket Potato ✓ Baked Beans	Jacket Potato ✓ Tuna Mayo
All main meals are served with two vegetables					
DESSERT	Raspberry Sponge ✓	Crispy Crackle Bar	Jammy Jack	Fresh Fruit and Yoghurt ✓	(N) Chocolate Mousse

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pasta ✓ With Green Beans or Salad	Traditional Beef Bolognese With Mixed Vegetables or Salad	(N) Roast Turkey With Roast Potatoes, Gravy, Carrots and Broccoli	(N) Chicken Korma With Rice and Green Beans or Salad	(N) Battered Chicken Bites With Chips, Peas or Salad
	Veggie Balls in Tomato Sauce With Wholegrain Rice and Green Beans or Salad	Chilli No Carni ✓ With Rice and Mixed Vegetables or Salad	Quorn Sausages ✓ With Roast Potatoes, Gravy, Carrots and Broccoli	Cheese and Tomato Pizza ✓ With Green Beans or Salad	Quorn Burger ✓ With Chips and Peas or Salad
JACKET POTATO	Jacket Potato ✓ Baked Beans	Jacket Potato ✓ Tuna Mayo	Jacket Potato ✓ Cheese	Jacket Potato ✓ Baked Beans	Jacket Potato ✓ Veggie Bolognese
All main meals are served with two vegetables					
DESSERT	Banana Marble Cake ✓	Crispy Crackle Bar	Vanilla Sponge	Fresh Fruit and Yoghurt ✓	(N) Strawberry Jelly

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 
 Oily Fish 
 Wholegrain 
 Fruity! 
 Nutritionist's Choice

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